

PALS Recertification

A half-day paediatric refresher: scenarios, drug calculations and reassessment.

\$375 / person inc. GST

Half day

8 planned learning hours

Who it's for and prerequisites

Clinicians who completed a paediatric advanced life support course within the last 18 months.

Prerequisite: A paediatric ALS certificate dated within the last 18 months. **Preparation:** About 4 hours of online refresher learning, finished before the day.

Learning outcomes

- Apply any changes in current ANZCOR paediatric guidelines
- Give high-quality infant and child CPR
- Defibrillate a child safely with weight-based energy
- Lead a paediatric resuscitation with accurate weight-based dosing

Online preparation

Planned total: 240 minutes. Complete before the practical session.

Module	Minutes	Content
What's changed	30	Paediatric guideline updates since your last course
The seriously unwell child	60	ABCDE assessment, respiratory and circulatory failure
The paediatric ALS algorithm	45	Defibrillation, drug timing and arrhythmias
Dose calculations	60	Weight estimation and cognitive aids
Theory exam	45	Multiple-choice, 80% to pass

Your training day

Use the timetable as a delivery plan. Adapt scenarios to participants' roles and equipment. 1 educator for every 8 participants.

Start	Session and content	Format
08:00	Welcome and what's changed Guideline updates and questions	Briefing
08:15	Skills check Infant and child CPR on feedback manikins, paediatric defibrillation	Skills station
08:45	Doses and access Weight estimation, cognitive aids, IO access	Workshop
09:15	Team scenarios Respiratory arrest, shock and arrest rhythms with rotating roles	Simulation and debrief
10:15	Break	
10:30	Assessment Each participant leads one assessed paediatric scenario	Assessment
11:45	Debrief, reflection and close Feedback, reflection, refresher planning and certificates. Finish at 12:15	Debrief

Assessment criteria

- Theory exam (online): multiple-choice including dose calculations, 80% to pass
- Effective infant and child CPR
- Safe paediatric defibrillation
- Leading a simulated paediatric resuscitation independently

Observe skills throughout, coach specifically and record individual outcomes. Use an approved checklist for each practical assessment. The 80% theory threshold, where listed, is our proposed course standard.

Certificate rules

Participants who meet every assessment criterion receive a certificate of competency showing the course, date, CPD hours and guideline version. Anyone who doesn't receives a certificate of attendance with specific feedback, and can be reassessed at a later session at no charge.

Certificate acceptance and refresher intervals depend on the employer and professional body. Contact us before attending if a participation adjustment is needed.

Running the course

Group: On-site minimum 6. Up to 8 with one educator, up to 16 with two. **Educators:** 1 educator for every 8 participants.

Venue: A room for one or two scenario stations, or your own treatment area.

Equipment

- Infant and child feedback manikins
- Training defibrillator with paediatric pads
- Paediatric airway equipment, IO trainer and dosing aids

Requirements this design supports

- Maintaining paediatric resuscitation competence, with refresher intervals set by the employer
- NSQHS Standard 8, Action 8.11: maintaining paediatric advanced life support competence

Training supports skills and records. It does not by itself certify workplace compliance or guarantee employer acceptance.

CPD: 8 planned learning hours. [Accreditation pending] RACGP activity ID: [Activity ID pending] · ACRRM activity ID: [Activity ID pending].

Educator preparation and quality checks

Review current algorithms and local policies, check equipment and hygiene, prepare role-specific scenarios and assessment checklists, and confirm learner prerequisites. Record results, give individual feedback and use learner feedback to improve the next session. This outline is a delivery plan; it must be accompanied by original slides, online modules, scenarios and assessment tools.

Guideline references

- ANZCOR Guidelines 12.1 to 12.5 – Paediatric Advanced Life Support
- ANZCOR Guideline 10.2 – Advanced Life Support (ALS) Training

[anzcor.org: current guideline library](https://www.anzcor.org/current-guideline-library) · [Training guideline](#) · [Paediatric guidelines](#)

Design based on ANZCOR guidance checked 7 October 2026. Confirm the current version at [anzcor.org](https://www.anzcor.org) before every delivery. No drug-dose tables are reproduced in this outline.

Based in Melbourne. Training across Victoria, and interstate for the right group. Travel within metropolitan Melbourne is included. Regional and interstate travel is quoted before you book. Contact: hello@respondlifesupport.com · [Phone TBC].