

ALS Recertification

A half-day refresher that is mostly scenarios, followed by the same assessment as the full course. Suitable for experienced clinicians maintaining skills under their workplace policy.

\$375 / person inc. GST

Half day

8 planned learning hours

Who it's for and prerequisites

Clinicians who completed an ALS course (ours or another provider's) within the last 18 months, and need to refresh and reassess their skills.

Prerequisite: An ALS certificate dated within the last 18 months. **Preparation:** About 4 hours of online refresher learning, finished before the day.

Learning outcomes

- Apply any changes in current ANZCOR adult ALS guidelines
- Deliver and supervise high-quality CPR with minimal interruptions
- Defibrillate safely in manual mode
- Lead a resuscitation team through the adult ALS algorithm

Online preparation

Planned total: 240 minutes. Complete before the practical session.

Module	Minutes	Content
What's changed	30	Guideline updates since your last course
Rhythm recognition refresher	75	Arrest and peri-arrest rhythms
The adult ALS algorithm	45	Drug timing, reversible causes and post-ROSC priorities
Airway and electrical therapy	45	Airway adjuncts, capnography, manual defibrillation safety
Theory exam	45	Multiple-choice, 80% to pass

Your training day

Use the timetable as a delivery plan. Adapt scenarios to participants' roles and equipment. 1 educator for every 8 participants.

Start	Session and content	Format
08:00	Welcome and what's changed Guideline updates and questions from the online learning	Briefing
08:15	Skills check CPR quality on feedback manikins and manual defibrillation	Skills station
08:45	Airway and drugs refresher Quick-fire station on airway adjuncts, IO access and drug timing	Skills station
09:15	Team scenarios Shockable and non-shockable arrests and peri-arrest rhythms, with rotating roles	Simulation and debrief
10:15	Break	
10:30	Assessment Each participant leads one assessed scenario	Assessment
11:45	Debrief, reflection and close Feedback, reflection, refresher planning and certificates. Finish at 12:15	Debrief

Assessment criteria

- Theory exam (online): multiple-choice, 80% to pass
- Two minutes of effective CPR on a feedback manikin
- Safe manual defibrillation
- Leading a simulated cardiac arrest independently

Observe skills throughout, coach specifically and record individual outcomes. Use an approved checklist for each practical assessment. The 80% theory threshold, where listed, is our proposed course standard.

Certificate rules

Participants who meet every assessment criterion receive a certificate of competency showing the course, date, CPD hours and guideline version. Anyone who doesn't receives a certificate of attendance with specific feedback, and can be reassessed at a later session at no charge.

Certificate acceptance and refresher intervals depend on the employer and professional body. Contact us before attending if a participation adjustment is needed.

Running the course

Group: On-site minimum 6. Up to 8 with one educator, up to 16 with two. **Educators:** 1 educator for every 8 participants.

Venue: A room for one or two scenario stations, or your own treatment room or recovery bay.

Equipment

- ALS manikin with rhythm simulator and training defibrillator
- CPR feedback manikins
- Airway adjuncts, IO trainer and simulated drug box

Requirements this design supports

- Maintaining adult ALS competence, with refresher intervals set by the employer
- NSQHS Standard 8, Action 8.11: regular opportunities to practise and maintain advanced life support skills
- ANZCOR Guideline 10.2: frequent manikin-based refresher training

Training supports skills and records. It does not by itself certify workplace compliance or guarantee employer acceptance.

CPD: 8 planned learning hours. [Accreditation pending] RACGP activity ID: [Activity ID pending] · ACRRM activity ID: [Activity ID pending].

Educator preparation and quality checks

Review current algorithms and local policies, check equipment and hygiene, prepare role-specific scenarios and assessment checklists, and confirm learner prerequisites. Record results, give individual feedback and use learner feedback to improve the next session. This outline is a delivery plan; it must be accompanied by original slides, online modules, scenarios and assessment tools.

Guideline references

- ANZCOR Guideline 11.2 – Protocols for Adult Advanced Life Support
- ANZCOR Guidelines 11.4 to 11.10 – Adult ALS
- ANZCOR Guideline 10.2 – Advanced Life Support (ALS) Training

[anzcor.org: current guideline library](https://anzcor.org/current-guideline-library) · [Training guideline](#)

Design based on ANZCOR guidance checked 7 October 2026. Confirm the current version at anzcor.org before every delivery. No drug-dose tables are reproduced in this outline.

Based in Melbourne. Training across Victoria, and interstate for the right group. Travel within metropolitan Melbourne is included. Regional and interstate travel is quoted before you book. Contact: hello@respondlifesupport.com · [Phone TBC].